## **SGK GOVERNMENT DEGREE COLLEGE - VINUKONDA**

S. No	Content	Name
1	Name of the Program	INTERNATIONAL YOGA DAY
2	Date & Time	21.06.2017 & 10.00 AM - 12.30 PM
3	Conducted by	All Departments
4	No. of Students attended	39
5	Chief Guest	Principal and Staff
6	Convener	Sri. M. V. Satyanarayana, Lecturer in Hindi

# **INTERNATIONAL YOGA DAY**

#### Aims & Objectives:

- 1. Students develop health awareness
- 2. They recognize the importance of Indian traditional medicine
- 3. They share the knowledge of yoga to their family members and neighbors

In tune to the call given by the honourable PM of our nation and expressing pride to our country on the international stage, we, the members of the SGK GDC, Vinukonda observed world Yoga day on 21<sup>st</sup> June. The information of the event conduction was disseminated to all the staff members and the students on the previous day, accordingly all the partakers were flocked with interest at the predetermined place and time. The event was organized under the chair ship of M. Nirmala Devi, in charge principal and presided over by Mr. M.V.Satyanarayana, our Hindi lecturer. Few staff members were invited to deliver speeches covering the importance of the yoga in our life, followed by gig performance of dyanamudra and yogasanams by Hindi sir and Mr. Narendranath, Chemistry lecturer. The participants were offered yummy confectionaries and the program was concluded with vote-of-thanks proposed by Hindi sir.

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## Faculty and Staff in Yogasanas





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#### **International Yoga Day**

Name of the Activity	International Yoga Day
Date & Time of the Activity	21-06- 2017 10:00 A.M
Department /Faculty organized	Department of Physical Education
Key note speaker	Dr. YRCS Babu
No of Faculty Attended	15
No of Students Attended	46

On the occasion of International Yoga Day, the Principal of our college, Dr. YRCS Babu, directed the Department of Physical Education to organize a Yoga Day in our college. According to their directions, the college Physical education in charge Dr. S. Ramanjaneyulu, along with the NSS of the college organized a yoga day with the students, teachers and non-teaching staff. Students and staff participated enthusiastically in this program.



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### **List of Participants**

S. No	Name Of The Students	Class
1	Palem Anjianeyulu	B.Sc (Bzc)
2	Sampathi Narasimha Raju	B.Sc (Bzc)
3	Aduri Jyothirmai	B.Com (Gen)
4	Shaik Jani Begum	Ba (Hep)
5	Nandyala Srujana	Ba (Hep)
6	Dara Aiswarya	Ba (Hep)
7	Tumati Venkata Siva Jyothi	B.Sc (Mpc)
8	Nallapati Ramadevi	B.Sc (Mpc)
9	Kondala Likhil Teja	B.Sc (Mpcs)
10	Boddu Srinivasa Rao	B.Sc (Mpcs)

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